

# JASON REID

Speaker

Overcoming Adversity & Chronic Illness Topics

**905-781-4809**



## Popular Talk Topics Include:

### Overcome Personal Adversity by Aiming Higher

When we face life obstacles or lack energy, we often withdraw and avoid activities that build personal growth. There are times when a professional or personal challenge is just what we need to add energy and vitality to our lives and add value to those we serve.

### You Don't Look Sick

#### Overcoming the Challenges of a Chronic Illness or Invisible Disability.

Sometimes getting other people to understand an invisible illness is so frustrating it can make you both laugh and cry. Jason looks at how most of the world was raised to view sickness and disability, as well what we can do to bridge the gap of understanding.

### Thriving in the Age of Chronic Illness:

#### Engaging employees with chronic health conditions, and invisible disabilities.

Government statistics show one in three working-aged adults have at least one chronic health condition and that number is rising dramatically each year.

Jason combines powerful personal stories with leading research to explain the mindset needed for organizations and individuals to succeed in this new age of chronic illness.

Insightful, funny, inspirational and real. Jason Reid combines his decades of experience in storytelling and speaking with a knowledge of business management, and a personal wisdom that comes from a life of overcoming challenges.

If there's one thing Jason has learned in his 40 years living with a chronic illness, it's that people are more resourceful and resilient than they realize.

Succeeding as a leader in the competitive television industry while battling serious illness has shown him just what people are capable of when they put their mind to it, and are flexible enough to find a solution.

Jason is an award-winning former journalist and manager, as well as author of the ground-breaking book *Thriving in the Age of Chronic Illness – a guide for people with chronic health conditions and the organizations that employ them.*

Jason is one of the most engaging speakers I have had the pleasure of listening to. His message of being positive and recharging your mojo really makes a difference!

**Katherine Astle, Human Resources Manager**

Jason brings a professional, warm and inviting approach to his work. He is reliable, authentic and a pleasure to work with.

**Elaine Austin, Canadian Manufacturers & Exporters**

Jason Reid is an outstanding speaker and group facilitator. He knows how to make a group listen, learn and think.

**Jane Rendely, Assoc. of Career Professionals**

## About Jason

Jason has been living with Crohn's disease and arthritis for four decades, but has never let that stop him. Despite his significant health challenges, he has been a successful journalist, TV executive, award-winning story-editor, and professional speaker.

Jason's sense of humour and amazing personal stories have made him a favourite with a wide range of audiences – from people living with adversity, to health professionals, HR audiences and more.

Jason is uniquely suited to talk about illness and work, having been both an employee, as well as a manager in a demanding industry.

Jason is author of the book *Thriving in the Age of Chronic Illness – A guide for people with chronic health conditions and the organizations that employ them.*

His writing has also appeared in publications such as the *Ontario Occupational Health Nurses Association Journal* and *Your Workplace Magazine*.

Known as the *power-story master* for his ability to create compelling narratives that wow an audience, Jason has spoken at events across North America.



## Book Jason

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Speaker Page for CI & Adversity: [sickwithsuccess.com](http://sickwithsuccess.com)